

2010 ENTRY FORM

Register On-line: actioncarolina.com

10K Run 5K Run/Walk 1 Mile Fun Run

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Day Phone: _____

Sex: (Circle One) M F

Age (As of 03/13/10) _____ (DOB is required for award eligibility)

Email: _____

School: _____

TSHIRT

(100% cotton short sleeve) Circle One

YL	S	M	L	XL	XXL
	MEMBER	NON-MEMBER			
5K/10K	\$20	\$25	_____		
1Mile	\$10	\$15	_____		
XXL	\$2 <small>(Add'l)</small>		_____		
Hat	\$12		_____		
TOTAL			\$ _____		

I hereby release all municipal agencies whose property and/or personnel are used and other sponsors or individual(s) from responsibility for any injuries and/or damages I may suffer as a result of my participation in the Festival Run. I hereby certify that I am in good condition and am able to safely compete in the event. **I understand the entry fee is non-refundable and that my race packet cannot be mailed.** As a participant, I certify that all information provided in this form is accurate and complete. I give permission for free use of my name and picture.

Signature _____

(Parents Signature If Under 18)

BENEFITTING YMCA YOUTH PROGRAMS

10K Run > 5K Run/Walk > 1 Mile Fun Run

FLOWERTOWN FESTIVAL RUN

MARCH 13, 2010

REGISTRATION Postmarked by February 28, or in person through 10:00pm March 11, at the Summerville Family YMCA Downtown Branch.

EARLY REGISTRATION

	Member	Non-Member
5K/10K	\$20	\$25
1Mile	\$10	\$15

MAIL PAYMENTS

(Postmarked by Feb. 27, 2010)

Summerville Family YMCA
Attn: Jan Parsons / Lynnsey Lacey
140 South Cedar St.
Summerville, SC 29483

RACE PACKETS Will be available for pick-up Thursday and Friday, March 11 and 12, 2010 at the Summerville Family YMCA Downtown Facility, 3:30-7:30pm, located at 208 W. Doty Ave. Race packets will not be mailed. Race Day Packet Pickup will be between 6:30 and 7:30am

LOCATION Start and finish is located near the YMCA Gymnastics Center at 205 W. Richardson Ave.

DIRECTIONS From I-26 take exit 199A. Go approximately 2 miles just over railroad tracks. Take right on Doty Avenue. Follow signs to Gymnastics Center.

LATE/RACE DAY REGISTRATION PRICES

(Shirt not guaranteed)

(All racers must register between 6:30am and 7:30am)

5K / 10K.....	\$30.00
1 Mile.....	\$25.00

START TIMES

5K.....	7:50 am
10K.....	8:00 am
1 Mile.....	9:15 am

843-871-(YMCA)9622

10K Run > 5K Run/Walk > 1 Mile Fun Run

**BE SURE TO ATTEND THE SUMMERVILLE FAMILY YMCA
38th ANNUAL FLOWERTOWN FESTIVAL
MARCH 26-28, 2010 SUMMERVILLE, SC**

AWARDS

Top Three Overall M/F..... 10K&5K
First Master (Over 40) M/F..... 10K&5K
Age Groups (Top 3 M/F)..... 10K&5K

7 & Under	8-10	11-13	14-19	20-24
25-29	30-34	35-39	40-44	45-49
50-54	55-59	60-69	70 & Over	

Ribbons for all in 1 Mile Fun Run

Strollers welcome for 1 Mile Run ONLY

RESULTS Will be posted at each YMCA facility, on the YMCA website and at actioncarolina.com.

SCHOOL CHALLENGE

The school with the most participants (staff and students only) will receive a trophy, their photo in the paper and a check for **\$250** for their school library courtesy of the YMCA.

FREE LAPTOP

High school students who complete either the 5K or 10K race may place their name in a drawing for a FREE laptop, generously donated by McElveen Pontiac Buick GMC HUMMER.

The YMCA MISSION IS TO BE A COMMUNITY CORNERSTONE THAT PUTS CHRISTIAN PRINCIPLES INTO PRACTICE, THROUGH PROGRAMS THAT BUILD A HEALTHY SPIRIT, MIND AND BODY FOR ALL.