

## SUMMERVILLE FAMILY YMCA – WELLNESS POOL - February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>6-8:15a</b>		<b>6-8:15a</b>			
<b>6:15-7a</b>	Adult Swim	<b>6:15-7a</b>	Adult Swim	<b>6:15-7a</b>		
Water Aerobics Celestia		Water Aerobics Celestia		Water Aerobics Celestia		
<b>7-8:30a</b>	<b>8:15-9:15a</b>	<b>7-8:30a</b>	<b>8:15-9:15a</b>	<b>7-9:30a</b>		
Adult Swim	Light Intensity Water Aerobics	Adult Swim	Light Intensity Water Aerobics	Adult swim	<b>8:15-9:15a</b>	
<b>8:30-9:30a</b>	Tori	<b>8:30-9:30a</b>	Tori		Water Aerobics	
Water Aerobics Leslie		Water Aerobics Leslie			Leslie	
<b>9:30- 10:30a</b>	<b>9:30-10:15a</b>	<b>9:30-10:15a</b>	<b>9:30-10:15a</b>			
	Private Group Reservation		MMO	<b>9:30-10:30a</b>	<b>9:30a-12p</b>	
Adult Swim	<b>10:15-11:15a</b>	MMO	<b>10:15-11:15a</b>	Water Aerobics	Private lessons/Group Swim Lessons	
	Water Aerobics		Water Aerobics			
<b>10:30-11:30a</b>	Jan	<b>10:30-11:30a</b>	Jan	Jan		
Family Swim	<b>11:15a-12:15p</b>	Family Swim	<b>11:15-12:15p</b>	<b>10:30a-3:00p</b>		
	Water Aerobics		Light Intensity Water Aerobics			
	Tori		Tori		<b>12-12:30p</b>	
<b>11:45a-3p</b>	<b>12:15-1:15p</b>	<b>11:45a-3p</b>	<b>12:15-1:30p</b>	Adult Swim	Adaptive swim lessons	
	Light Intensity Water Aerobics Tori		Adult Swim Private Lessons			<b>12:45-2p</b>
Adult Swim	<b>1:30- 3:10p</b>	Adult Swim	<b>1:30- 3:10p</b>		Adult swim	Adult Swim
	Adult Swim		Adult Swim			
<b>3-630p</b>	<b>3:15-5p</b>	<b>3-630p</b>	<b>3:15-5p</b>	<b>3:15-430p</b>	<b>2-4:45p</b>	<b>3-4:30p</b>
Private lessons/Group Swim Lessons	Swim Team	Private lessons/Group Swim Lessons	Swim Team	Swim Team	Family Swim	Family Swim
	<b>5:00-6:00p</b>		<b>5:00-6:00p</b>			
	Family Swim		Family Swim	<b>4:30- 8:00p</b>		
	<b>6:00-7:00p</b>		<b>6:00-7:00p</b>		<b>Pool Closes at 3 PM for scheduled pool parties</b>	
<b>6:30-7:30p</b>	<b>6:30-7:30p</b>	<b>6:30-7:30p</b>	Water Aerobics	Family Swim		
Water Aerobics	Jan	Water Aerobics	Jan			
Jan	<b>7:00-8:00p</b>	Tracy	<b>7:00-8:00p</b>			
	Adult Swim		Adult Swim			

**This schedule is subject to change**

**Adult Swim - Lane lines are only available during adult swim; please limit lane time to 30 minutes**

**Questions: Stephanie Adams, Assistant to the Program Director  
P: 843-327-8173 E: Stephaniea@SummervilleYMCA.org**