

SUMMERVILLE FAMILY YMCA – March 1 - April 8 Ponds Gymnasium Schedule

Aerobics and Childwatch are available for reservation online through our "Community Connect" App. Our code is: summervilleymca

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Member					
5:00AM	5AM-10:15AM	5AM-10AM	5AM-10AM	5AM-10AM	5AM-9AM			Aerobics					
7:00AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	7AM -8:45AM		Programming					
8:00AM						Open Gym							
9:00AM						9AM -10AM			9AM -5PM				
10:00AM						10:15AM - 11AM			10AM - 11AM	10AM - 11AM	10AM - 11AM	10AM - 11AM	SHRED Lucinda
11:00AM	11AM - 2PM	11AM - 2PM	11AM - 2PM	11AM - 2PM	11AM - 2PM	11AM - 2PM	Open Gym	Intro to Pickleball					
12:00PM	Pickleball	Open Gym	Pickleball	Pickleball	Open Gym	Pickleball	Youth Sports	12PM - 1PM					
1:00PM								Family Only Open Gym					
2:00PM								2PM - 4:45PM	2PM - 4PM	2PM - 4PM	2PM - 4PM	2PM - 4:45PM	Open Gym
3:00PM								Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	3PM - 5PM
4:00PM	4PM - 4:45PM	4PM - 4:45PM	4PM - 4:45PM	Open Gym	Open Volleyball								
5:00PM	Open Gym	Kid Fit	Open Gym			Sporties for Shorties	Open Gym						Kid Fit
6:00PM	4:45PM-8PM	4:45PM-8PM	4:45PM-8PM	4:45PM-8PM	4:45PM-8PM								
7:00PM	Youth Sports	Youth Sports	Youth Sports	Youth Sports	Youth Sports								
8:00PM	FACILITY CLOSES AT 8PM M-F. 5PM SAT & SUN												

Schedule is subject to change due to events and incliment weather