




SUMMERVILLE FAMILY YMCA

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Ask us about private birthday party rentals!
Available Saturday & Sunday afternoons
Email for pricing & themes
susanN@summervilleyymca.org

March 5-31, 2023 WELLNESS POOL

SUN	Member Swim is reserved for our Members only. Lap Swim: 14 & older, lap swim, water fitness Open Swim: For members & paying guests	12:00p-4:45p		THE POOL WILL BE CLOSED ON SUNDAY, MARCH 26 FROM 1:00-5:00p FOR OUR EASTER EGGSTRAVAGANZA
		Open & Lap Swim		
Lap Lanes		2		

MON	6:00a-8:00a	8:00a-9:00a	10:00a-2:00p	2:15p-4:45p	5:00p-6:15p	6:30p-7:30p
	Lap Swim	Water Aerobics w/Leslie	Swim Lessons	Open Swim	Swim Lessons	Water Aerobics w/Jan
Lap Lanes	2	0	1	2	0	0

We are hiring! We will train!
Aquatics Coordinator, Lifeguards & Swim Instructors!
Email susanN@summervilleyymca.org for an application

TUE	6:00a-9:00a	9:00a-10:00a	10:00a-11:00a	11:00p-12:45p	1:00p-2:30p	2:30p-4:45p	5:00p-6:00p	6:00p-7:00p	7:00p-7:30p
	Lap Swim	Open Swim	Water Aerobics w/Jan	Member Swim	Beyond Basic	Member Swim	Swim Lessons & Lap Swim	Water Aerobics w/Jan	Swim Lessons
Lap Lanes	2	2	0	2	0	0	1	0	2



WED	6:00a-8:00a	8:00a-9:00a	9:00a-10:00a	10:00a-11:00a	11:00p-4:45p	5:00p-6:15p	6:15p-7:30p
	Lap Swim	Water Aerobics w/Leslie	Open Swim	Gentle Water Ex w/Tracy	Member Swim	Swim Lessons	Swim Lessons & Lap Swim
Lap Lanes	2	0	2	0	2	0	2

THU	6:00a-9:00a	9:00a-10:00a	10:00a-11:00a	11:00a-12:00p	12:00p-4:45p	5:00p-6:00p	6:00p-7:00p	7:00p-7:30p
	Lap Swim	Open Swim	Water Aerobics w/Jan	Water Yoga w/Tracy	Member Swim	Swim Lessons & Lap Swim	Water Aerobics w/Jan	Swim Lessons
Lap Lanes	2	2	0	0	2	1	0	2

FRI	6:00a-9:00a	9:00a-10:00a	10:00-12:00p	12:15p-6:45p
	Lap Swim	Water Aerobics w/Jan	Swim Lessons	Member Swim
Lap Lanes	2	0	0	2

We strive to ensure the accuracy of this schedule. However, open swim schedule is subject to change without notice. Please call ahead

SAT	9:00a -12:45p	12:45p-2:00p
	Swim Lessons	Open & Lap Swim
Lap Lanes	0	2

Parents with children ages 5 years & under must be in the water and within arm's reach of their child, and must remain where the parent can touch the bottom.
Children ages 6-14 must have a parent on the pool deck at all times.