

SUMMERVILLE FAMILY YMCA – April 24 - June 4 Ponds Gymnasium Schedule

Aerobics and Childwatch are available for reservation online through our "Community Connect" App. Our code is: summervilleymca

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Member					
5:00AM	5AM-10:15AM	5AM-10AM	5AM-10AM	5AM-10AM	5AM-9AM			Aerobics					
7:00AM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	7AM -7:45AM		Programming					
8:00AM						Open Gym							
9:00AM						8AM -5PM							
						9AM -10AM							
10:00AM	10:15AM - 11AM	10AM - 11AM	10AM - 11AM	10AM - 11AM	10AM - 11AM	Youth Sports							
	Open Gym	Intro to Pickleball	Zumba Toning Heidi	Open Gym	Zumba Heidi				Open Gym	Zumba Toning Brae	Open Gym	Zumba Kirk	Open Gym
11:00AM	11AM - 2PM	11AM - 2PM	11AM - 2PM	11AM - 2PM	11AM - 2PM								
12:00PM	Pickleball	Open Gym	Pickleball	Pickleball	Open Gym				Pickleball	Pickleball	12PM - 1PM		
1:00PM											Family Only Open Gym		
2:00PM	2PM - 4:45PM	2PM - 4PM	2PM - 4PM	2PM - 4PM	2PM - 4:45PM					Open Gym			
3:00PM	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym								
4:00PM												4PM - 4:45PM	4PM - 4:45PM
		Open Gym	Kid Fit	Open Gym	Sporties for Shorties							Open Gym	Kid Fit
5:00PM	4:45PM-8PM	4:45PM-8PM	4:45PM-8PM	4:45PM-8PM	4:45PM-8PM								
6:00PM	Youth Sports	Youth Sports	Youth Sports	Youth Sports	Youth Sports								
7:00PM													
8:00PM													

FACILITY CLOSES AT 8PM M-F. 5PM SAT & SUN

Schedule is subject to change due to events and inclement weather