



SUMMERVILLE FAMILY YMCA

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Revised Schedule 1/3/2024

January 1-31, 2024 WELLNESS POOL

SUN	12:00p-4:45p	Register for our Jan Aquatic Family Event: Sunday, Jan 7 1:00-3:00pm Dive Into the New Year! The pool will be closed during this event.	The Pool will be closed during the following times on these dates: Mon, Jan 15 & 22 from 11:30a-1p & Wed, Jan 31 12p-1:30p, Sun, Jan 14 2:15p-5p
	Open & Lap Swim		
Lap Lanes	2		

MON	6:00a-7:50a	8:00a-9:00a	9:00a-12:45p	1:00p-2:30p	2:40p-3:45p	4:00p-5:00p	5:00p-6:15p	6:30p-7:30p	7:30p-8:30p
	Lap Swim	Water Aerobics w/Leslie	Member Swim	Swim Lessons & Lap Swim	Open & Lap Swim	Swim Team	Swim Lessons	Water Aerobics w/Jan	Member & Lap Swim
Lap Lanes	2	0	1	1	2	0	0	0	2

TUE	6:00a-8:00a	8:00a-9:50a	10:00a-11:00a	11:00a-12:15p	12:30p-2:00p	2:00p-3:45p	4:00p-5:00p	5:00p-6:00p	6:00p-7:00p	7:00p-8:30p
	Lap Swim	Open & Lap Swim	Water Aerobics w/Jan	Member Swim	Beyond Basic	Open & Lap Swim	Swim Team	Swim Lessons	Water Aerobics w/Jan	Member & Lap Swim
Lap Lanes	2	2	0	2	0	2	0	0	0	2

WED	6:00a-7:50a	8:00a-9:00a	9:00a-12:00p	12:15p-3:45p	4:00p-5:00p	5:00p-7:00p	7:00p-8:30p	Member Swim is reserved for our Members only. Lap Swim: 14 & older, lap swim, water fitness Open Swim: For members & paying guests
	Lap Swim	Water Aerobics w/Leslie	Member & Lap Swim	Member Swim	Swim Team	Swim Lessons	Member & Lap Swim	
Lap Lanes	2	0	2	2	0	0	2	

THU	6:00a-8:00a	8:00a-9:50a	10:00a-11:00a	11:00a-12:00p	12:00p-3:45p	4:00p-5:00p	5:00p-6:00p	6:00p-7:00p	7:00p-8:30p
	Lap Swim	Open & Lap Swim	Water Aerobics w/Jan	Water Yoga w/Tracy	Member Swim	Swim Team	Swim Lessons	Water Aerobics w/Jan	Member & Lap Swim
Lap Lanes	2	2	0	0	2	0	0	0	2

FRI	6:00a-8:50a	9:00a-10:00a	10:00-12:00p	12:15p-1:45p	2:00p-2:30p	2:45p-8:30p
	Lap Swim	Water Aerobics w/Jan	Swim Lessons	Member Swim	Adventure Swim	Open & Lap Swim
Lap Lanes	2	0	0	2	0	2

Ask us about private birthday party rentals!
Available Saturday & Sunday afternoons
Email tony.schupp@summervilleymca.org



SAT	7:00a-8:50a	8:00a-12:15p	12:30p-4:45p	Parents with children ages 5 years & under must be in the water and within arm's reach of their child, and must remain where the parent can touch the bottom. Children ages 6-14 must have a parent on the pool deck at all times.
	Lap Swim	Swim Lessons	Member & Lap Swim	
Lap Lanes	2	0	2	