

## SUMMERVILLE FAMILY YMCA

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY Revised Schedule 1/3/2024

## January 1-31, 2024 WELLNESS POOL

SUN	12:00p-4:45p Open & Lap	Register for our Jan Aquatic Family Event: Sunday, Jan 7 1:00-3:00pm Dive Into the New Year!			The Pool will be closed during the following times on these dates: Mon, Jan 15 & 22 from 11:30a-1p & Wed, Jan 31 12p-1:30p, Sun, Jan 14 2:15p-5p					
	Swim									
Lap Lanes	2	The pool will	l be closed durin	ig this event.						
	6:00a-7:50a	8:00a-9:00a	9:00a-12:45p	1:00p-2:30p	2:40p-3:45p	4:00p-5:00p	5:00p-6:15p	6:30p-7:30p	7:30p-8:30p	
MON	Lap Swim	Water Aerobics w/Leslie	Member Swim	Swim Lessons & Lap Swim	Open & Lap Swim	Swim Team	Swim Lessons	Water Aerobics w/Jan	Member & Lap Swim	
Lap Lanes	2	0	1	1	2	0	0	0	2	
										•
TUE	6:00a-8:00a	8:00a-9:50a	10:00a-11:00a	11:00a-12:15p	12:30p-2:00p	2:00p-3:45p	4:00p-5:00p	5:00p-6:00p	6:00p-7:00p	7:00p-8:30p
	Lap Swim	Open & Lap Swim	Water Aerobics w/Jan	Member Swim	Beyond Basic	Open & Lap Swim	Swim Team	Swim Lessons	Water Aerobics w/Jan	Member & Lap Swim
Lap Lanes	2	2	0	2	0	2	0	0	0	2
	6:00a-7:50a									
	0.000 7.000	8:00a-9:00a	9:00a-12:00p	12:15p-3:45p	4:00p-5:00p	5:00p-7:00p	7:00p-8:30p	Member Swim	is reserved for o	our Members
WED	Lap Swim	8:00a-9:00a Water Aerobics w/Leslie	9:00a-12:00p Member & Lap Swim	12:15p-3:45p Member Swim	4:00p-5:00p Swim Team	5:00p-7:00p Swim Lessons	7:00p-8:30p Member & Lap Swim	only. Lap Swim: 14	& older, lap swin	n, water fitness
WED  Lap Lanes		Water Aerobics	Member & Lap				Member & Lap	only. Lap Swim: 14		n, water fitness
	Lap Swim	Water Aerobics w/Leslie	Member & Lap Swim	Member Swim	Swim Team	Swim Lessons	Member & Lap Swim	only. Lap Swim: 14	& older, lap swin	n, water fitness
Lap Lanes	Lap Swim	Water Aerobics w/Leslie	Member & Lap Swim	Member Swim	Swim Team	Swim Lessons	Member & Lap Swim	only. Lap Swim: 14	& older, lap swin	n, water fitness
	Lap Swim	Water Aerobics w/Leslie	Member & Lap Swim 2	Member Swim	Swim Team 0	Swim Lessons 0	Member & Lap Swim 2	only. Lap Swim: 14 Open Swim: Fo	& older, lap swin or members & pa	n, water fitness
Lap Lanes	Lap Swim 2 6:00a-8:00a	Water Aerobics w/Leslie  0  8:00a-9:50a  Open & Lap	Member & Lap Swim 2 10:00a-11:00a Water Aerobics	Member Swim 2 11:00a-12:00p Water Yoga	Swim Team 0 12:00p-3:45p	Swim Lessons 0 4:00p-5:00p	Member & Lap Swim 2 5:00p-6:00p	only. Lap Swim: 14 Open Swim: Fo  6:00p-7:00p  Water Aerobics	& older, lap swin or members & pa 7:00p-8:30p Member & Lap	n, water fitness

2:00p-2:30p

Adventure

Swim

0

2:45p-8:30p

Open & Lap

Swim

2

	7:00a-8:50a	8:00a-12:15p	12:30p-4:45p	
SAT	Lap Swim	Swim Lessons	Member & Lap Swim	
Lap Lanes	2	0	2	

9:00a-10:00a

Water Aerobics

w/Jan

0

10:00-12:00p

Swim Lessons

0

12:15p-1:45p

Member Swim

2

6:00a-8:50a

Lap Swim

2

FRI

Lap Lanes

Parents with children ages 5 years & under must be in the water and within arm's reach of their child, and must remain where the parent can touch the bottom.

Ask us about private birthday party rentals!

**Available Saturday & Sunday afternoons** 

Email tony.schupp@summervilleymca.org

Children ages 6-14 must have a parent on the pool deck at all times.

