	SUMMERVILLE FAMILY YMCA April 29 - June 9 Ponds Gymnasium Schedule													]
			Fitness clas	sses are ava	ilable for re	servation online	e through ou	r "Communit	ty Connect" App. Our code		e is: summervilleymca			Member
	Мо	nday	Tuesday		Wednesday		Thursday		Friday		Saturday	Sunday		Aerobics
5:00AM	5AM-9AM		5AM-10AM		5AM-10AM		5AM-10AM		5AM-9AM					Programming
7:00AM 8:00AM	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym 9AM -10AM		7AM -7:45AM Open Gym 8AM -5PM			
9:00AM	9AM-10AM													
7.00AM	SHRED								SHRED					
	Donna Open Gym								Lucinda	Lucinda Open Gym				
0:00AM	10:15AM - 11AM		10AM - 11AM		10AM - 11AM		10AM -	- 11AM		- 11AM				
	Open Gym	Intro to Pickleball	Zumba Toning Heidi	Open Gym	Zumba Heidi	Open Gym	Zumba Toning Brae	Open Gym	Zumba Kirk	Open Gym				
1:00AM	11AM	- 2PM	11AM -	2PM	11A	M - 2PM	11AM	- 1PM	11AM	1 - 1PM				
	Pickleball				ll Pickleball		Open Gym	Pickleball	Pickleball		Youth Sports			
2:00PM			Open Gym Pickle									12PM -	1PM	
				Pickleball								Family Only	Open Gym	
:00PM							1PM - 2PM		1PM - 2PM			1PM -	2РМ	
							Beyond Basics	Pickleball	Beyond Basics Pickleball			Open	Gym	
:00PM	2PM-4:45PM		2PM - 4:45PM		2PM - 4:45PM		2PM - 4:45PM		2PM-	4:45PM		2PM - 5PM		
:00PM :00PM	Open Gym		Open Gym		Family Only Open Gym	Open Gym	Open Gym		Family Only Open Gym	Open Gym		Open Volleyball	Open Gym	
:00PM	5PM-9PM		5PM-9PM		5PM-9PM		5PM-9PM		5PM-9PM				1	
5:00PM /:00PM 3:00PM	Youth Sports		Youth Sports		Youth Sports		Youth Sports		Youth Sports					
9:00PM						FACILITY C	LOSES AT 9PM	M-F. 5PM SAT	& SUN					
			*Scher	lule is s	ubiect t	o change				nent wea	ther*			

'Schedule is subject to change due to events and incliment weather'