

## SUMMERVILLE FAMILY YMCA

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY \*\* We strive to ensure the accuracy of this schedule. However, open swim schedule is subject to change without notice. Please call ahead\*\*

## May 5-25, 2024 OAKBROOK POOL

**REVISED 5/8/24** 

JOIN US ON MAY 15TH FOR INTERNATIONAL WATER SAFETY DAY

12:00p-4:45pSUNMember & Lap<br/>SwimLap Lanes3

We are hiring Lifeguards & Swim Instructors! We will train! Email susanN@summervilleymca.org for an application Guest passes are <u>\$15.00 per day</u> and can be purchased to use during Open & Lap Swim. Lap Swim is for those 14 & older, lap swimming, aqua jogging, water exercise. Please come to the pool expecting to circle swim. **Member Swim is reserved for our Members only.** 

MON	6:00a-8:00a	8:00a-2:45p	3:00p-3:45p	3:00p-8:00p
	Lap Swim	Member & Lap Swim	Swim Team & Lap Swim	Swim Team
Lap Lanes	6	3	3	0

TUE	6:30a-8:00a	8:00a-2:45p	3:00p-3:45p	3:00p-8:00p
	Swim Team & Lap Swim	Member & Lap Swim	Swim Team & Lap Swim	Swim Team
Lap Lanes	3	3	3	0

WED	6:30a-8:00a	8:00a-2:45p	3:00p-3:45p	3:00p-8:00p
	Swim Team & Lap Swim	Member & Lap Swim	Swim Team & Lap Swim	Swim Team
Lap Lanes	3	3	3	0

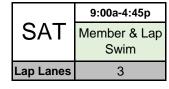
THU	6:30a-8:00a	8:00a-2:45p	3:00p-3:45p	3:00p-8:00p
	Swim Team & Lap Swim	Member & Lap Swim	Swim Team & Lap Swim	Swim Team
Lap Lanes	3	3	3	0

Join us to learn skills & tips: • Safety Around Water	Wednesday, May 15, 2024 4:00-6:00 PM FREE TO THE PUBLIC
<ul> <li>Learn skills: blow bubbles, float, climb out of a pool</li> <li>Boating Safety</li> <li>Reaching assists</li> <li>Parents- water watcher!</li> </ul>	
Parents- water watcher!  SUMMERVILLE YMCA-OAKBROOK B SUMMERVILLE, SUSANN@SUMMERVI	TO REGISTER

FRI	6:00a - 7:00a	7:00-4:45p	5:00p-6:30p	6:00p-7:45p
	Swim Team & Lap Swim	Member & Lap Swim	Swim Team	Member & Lap Swim
Lap Lanes	3	3	0	3

Parents with children ages **5 years & under** must be in the water and <u>within arm's reach of</u> <u>their child</u>, and must remain where the parent can touch the bottom. Children ages 6-14 must have a parent on the pool deck at all times.

We strongly recommend that parents of non-swimmers be in the water within arm's reach





All children aged 18 and under MUST take a swim test.

Swim Test- Swim 25 meters, climb out, jump in, recover and tread water for 30 seconds. The swim must be a competitive stroke, in good form, face in the water. "Doggie paddling" does not count.