

SUMMERVILLE FAMILY YMCA MEMBERSHIP



<u>CATEGORY</u>	<u>JOINING FEE</u>	<u>MONTHLY FEE</u>
FAMILY	\$75	\$78
FAMILY +1	\$75	\$98
FAMILY +2	\$75	\$118

Family memberships include parents and their dependent children. Family Plus memberships service additional adults in the household (grandparents, adult children, etc.).

TEEN	\$25	\$26
YOUNG ADULT AGES: 18-25	\$50	\$33

ADULT Single Adults, Ages: 26-64	\$50	\$48
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SENIOR	\$50	\$40
SENIOR +1	\$50	\$60

Single adults, ages 65+. Senior Plus membership includes one additional senior living at the same address.

CUSTOMIZE YOUR EXPERIENCE

We are here to provide you with all the tools to reach your fitness and wellness goals. These programs and options are here to enhance your membership experience.

PEAK GROUP FITNESS

\$70 | SESSION

PEAK Group Training offers individualized coaching in a small group setting, combining the benefits of personal training with the energy of a group class! Our PEAK classes are specifically designed to improve your strength and cardio while providing a fun & challenging workout.

PERSONAL TRAINING

Training with one of our Certified Trainers is the most individualized way to achieve your goals. Trainers are here to help motivate and inspire you on your wellness journey.

30 Minute Sessions

1 Session \$35
8 Sessions \$240
12 Sessions \$324
24 Sessions \$600

60 Minute Sessions

1 Session \$50
8 Sessions \$384 (\$48/session)
12 Sessions \$516 (\$43/session)
18 Sessions \$720 (\$40/session)
24 Sessions \$888 (\$37/session)

KICKSTART

\$99 | 4 X 45 MINUTE SESSIONS

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