

**SUMMERVILLE FAMILY YMCA – December 8 - December 21 Ponds Gymnasium Schedule**

Fitness classes are available for reservation online through our "Community Connect" App. Our code is: summervilleymca

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Member
<b>5:00AM</b>	5AM-9AM	5AM-10AM	5AM-10AM	5AM-10AM	5AM-9AM			Aerobics
<b>7:00AM</b>	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	7AM-745AM		Programming
<b>8:00AM</b>						Open Gym		
<b>9:00AM</b>						8AM-5PM		
<b>9:00AM</b>	9AM-10AM	Open Gym	Open Gym	Open Gym	9AM-10AM	Youth Sports		
	SHRED Open Gym				SHRED Open Gym			
<b>10:00AM</b>	10AM-11AM				10AM-11AM			
	SHINE Intro to Pickleball	Zumba Toning Open Gym	Zumba Open Gym	Zumba Toning Open Gym	Open Gym			
<b>11:00AM</b>	11AM-2PM	11AM-2PM	11AM-2PM	11AM-1PM	11AM-2PM	Youth Sports	12PM-1PM	
<b>12:00PM</b>	Pickleball	Open Gym Pickleball	Pickleball	Open Gym Pickleball	Pickleball		Family Only Open Gym	
<b>1:00PM</b>				1PM-2PM			1PM-3PM	
<b>2:00PM</b>	2PM-4:50PM	2PM-4:15PM	2PM-4:50PM	Beyond Basics Pickleball	2PM-4:15PM		Open Gym	
<b>3:00PM</b>	After School Open Gym	After School Open Gym	After School Open Gym	After School Open Gym	After School Open Gym		3PM-5PM	
<b>4:00PM</b>	After School Open Gym	4:15PM-4:50PM	After School Open Gym	4:15PM-4:50PM	After School Open Gym	Open Gym Youth Sports		
		Kid Fit Open Gym		Kid Fit Open Gym				
<b>5:00PM</b>	4:50PM-9PM	4:50PM-9PM	4:50PM-9PM	4:50PM-9PM	4:50PM-9PM	Youth Sports		
<b>6:00PM</b>	Youth Sports	Youth Sports	Youth Sports	Youth Sports	Youth Sports			
<b>7:00PM</b>								
<b>8:00PM</b>								
<b>9:00PM</b>								

FACILITY CLOSSES AT 9PM M-F, 5PM SAT & SUN

\*Schedule is subject to change due to events and inclement weather\*